

New Prescription Policy for Oral Nutritional Supplements

Worcestershire CCGs no longer support prescribing of oral nutritional supplements

This means that GPs are now advising patients to use everyday food items to enrich their diet with energy and protein.

Why?

Your local NHS needs to save around £30 million pounds. To do this Worcestershire CCGs are improving efficiency and reducing waste. However, they are also restricting some services to protect others.

Help us to help the NHS save money!

Know yourself...

- Do you struggle to meet your daily nutritional requirement?
- Do you need to increase energy, protein?
- Do you need to reduce your risk of malnutrition?

Help yourself...

- Eat little and often with foods you enjoy
- Introduce fortification of food to increase calorie intake e.g. using cream or butter
- Purchase supplements in supermarkets, pharmacies or health food shops.

Treat yourself...

Price comparison:

Complan®
Original Drink Mix
(4 x 55g): £3.15*

Cost to NHS:
£9.23

For more information on any of the above please visit:

www.worcestershire.nhs.uk/prescribing/

Produced on behalf of:

NHS Redditch and Bromsgrove Clinical Commissioning Group
NHS South Worcestershire Clinical Commissioning Group
NHS Wyre Forest Clinical Commissioning Group

*Average price from a variety of sources, as of September 2017