

PREGNANT OR HAVE CHILDREN UNDER FOUR?



Don't miss out on **HEALTHY START** vouchers worth up to £6.20 a week per child

The vouchers can be spent on:

- plain fresh or frozen fruit and veg, whole or chopped, packaged or loose
- milk
- you are also entitled to free vitamins

Do I qualify for Healthy Start?

You qualify for Healthy Start if you're at least 10 weeks pregnant or have a child under four years old and you or your family get:

- Income Support, or
- Income-based Jobseeker's Allowance, or
- Income-related Employment and Support Allowance, or
- Child Tax Credit (with a family income of £16,190 or less per year)
- Universal Credit (with a family take home pay of £408 or less per month)

almost half of eligible families in Worcestershire are missing out on their food vouchers

